




Name: _____

Date: _____

Goal-Setting: My Visions

Directions: Let's explore how to set and measure our success in achieving our goals. Later on, you'll have a chance to think about your future self and how you'll plot your path toward making your dreams a reality.

My goals:	
 in school	What do you want to achieve at school?
 at home	What do you want to achieve at home?
 another place	What do you want to achieve in another place?




What or who has helped you achieve your goals in the past?	What has gotten in the way of you achieving your goals in the past?

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Goal-Setting: Time Management

Directions: An important part of setting and achieving goals relates to planning your time wisely. Let's plan when you'll work toward achieving your goals. Be realistic and reasonable!




My goals:	<u>When</u> will I dedicate time to achieving this goal?	<u>Where</u> , specifically, will I dedicate time to achieving this goal?
 in school <hr/>		
 at home <hr/>		
 another place <hr/>		

Name: _____

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Goal-Setting: Resources

Directions: An important part of setting and achieving goals relates to knowing what you have and what you'll need. Use the chart below to organize your ideas and document your resources.



My goals:	<u>Who</u> can help me achieve my goals?	What <u>tools</u> do I have or need to achieve my goals?
 in school _____		
 at home _____		
 another place _____		

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Goal-Setting: Celebrations

Directions: An important part of setting and achieving goals relates to celebrating your accomplishments. Use the chart below to organize your ideas.

My goals:	How will I know when I have achieved my goals? What will I see, feel, and be able to do? How will I celebrate my accomplishment?
 in school <hr/>	
 at home <hr/>	
 another place <hr/>	