

# Frederick Douglass Quotes

**"You are not judged by the height you have risen, but from the depth you have climbed."**

**"It is easier to build strong children than to repair broken men."**

**"If there is no struggle, there is no progress."**

**"Education means emancipation. It means light and liberty. It means the uplifting of the soul of man into the glorious light of truth, the light by which men can only be made free."**

**"Liberty is meaningless where the right to utter one's thoughts and opinions has ceased to exist. That, of all rights, is the dread of tyrants. It is the right which they first of all strike down."**

**"I will unite with anyone to do good, but with no one to do harm."**

**"Once you learn to read, you will be forever free."**

**"Power concedes nothing without a demand. It never did and it never will."**

**"The simplest truths often meet the sternest resistance and are slowest in getting general acceptance."**

**"Truth is proper and beautiful in all times and in all places."**