

**"Running is real. It's all joy and woe, hard as diamond. It makes you weary beyond comprehension, but it also makes you free."**

**-Jesse Owens**

© readingvine.com. For Personal and Education Use Only.

**"Life doesn't give you all the practice races you need."**

**-Jesse Owens**

© readingvine.com. For Personal and Education Use Only.