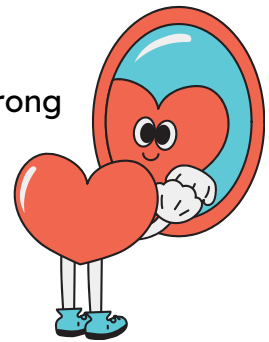


Name \_\_\_\_\_

# All About Me: Building My Self-Esteem!

## Directions:

Answer these questions about yourself. There are no right or wrong answers - just have fun!



1. What is one thing you like about yourself?
2. What makes you a good friend to others?
3. What is your favorite way to help others out?
4. What is something you did today that made you feel proud of yourself?
5. What is something new you learned recently?
6. What makes you smile?
7. What is something you are really good at doing? Draw a picture of you doing it in the space below.

