

Name \_\_\_\_\_

# My Strengths

## Directions:

Put a check mark next to the strengths that you think best describe you!

Remember that it's OK not to put a check mark on every item.

Once your done, write in the three strengths that you think are your "Top Three."

**Sharing:** I share well with others.

**Problem Solver:** I figure out how to fix something or solve a problem.

**Creative:** I am good at drawing or coloring.

**Patient:** I wait my turn with a good attitude in games or activities.

**Helping:** I help others at home and in the classroom.

**Imaginative:** I come up with creative stories or ideas.

**Kind:** I am kind to others and animals.

**Sporty:** I run, jump, or play sports well.

**Curious:** I ask questions and I love to learn.

**Reader:** I read books or practice new words.

**Good Listener:** I pay attention when someone talks.

**Brave:** I try new things even if they are a little scary.

**Team Player:** I work well with others during games and activities.

**Independent:** I do tasks like tying shoes or getting dressed by myself.

**Polite:** I always say "thank you" and "please."

**Direction Follower:** I listen and do what a teacher or parents says.

**Responsible:** I take good care of my things.

**Funny:** I make people laugh or smile a lot.

**Musical:** I am good at singing, playing instruments, or enjoying music.

**Friendly:** I make new friends easily, and I am welcoming to others.

**MY TOP  
THREE**

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