

Name _____



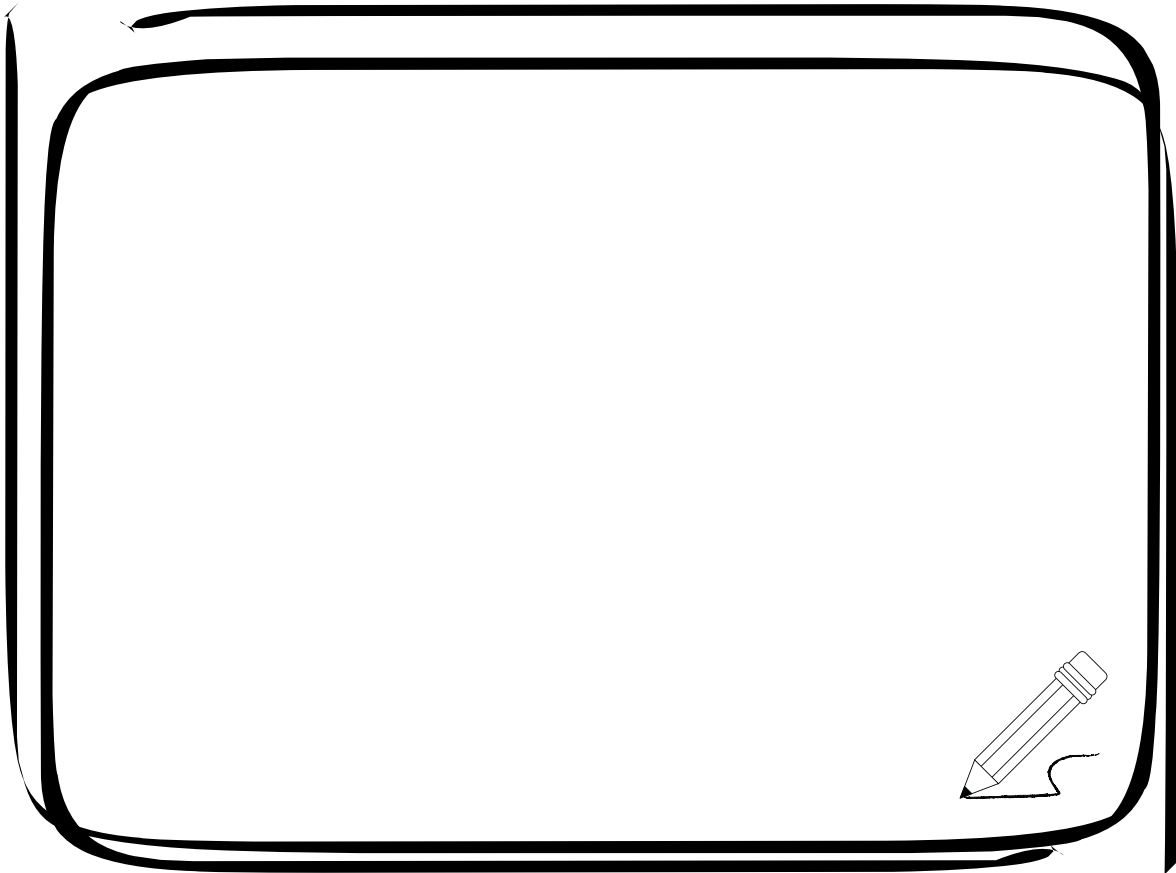
Never Give Up!



When we try our best and don't give up, we achieve great things! Even when something is difficult, believing in ourselves helps us keep going. This is how we build self-esteem — because we feel proud of ourselves for not giving up.

Directions:

Draw a picture of a time you didn't give up. Think about something that was hard at first, but you kept trying. It could be learning to ride a bike, solving a puzzle, or tying your shoes by yourself.



Complete the sentence below about your experience:

"I didn't give up when I was _____.
I feel proud of myself because _____."