

Name _____



SELF-ESTEEM Passage

Your Best Version of YOU!

Everyone has a unique gift that makes them special. Being yourself is one of the best things you can do. It's easy to compare yourself to others, but remember, no one is exactly like you. Your thoughts, your kindness, your creativity—these things make you amazing. When you believe in yourself and your abilities, you create the best version of who you are. Embrace your individuality and take pride in what makes you different.

If we all looked the same or thought the same way, the world would be a much less interesting place. Your dreams, your talents, and your goals are what set you apart. When you allow yourself to be fully who you are, you open doors to endless possibilities. Don't let fear of judgment or comparison hold you back. Celebrate your uniqueness, and you will inspire others to do the same.

1. What is the main message of the passage?

- a) To compare yourself to others more often.
- b) To celebrate your unique qualities and be yourself.
- c) To avoid showing your talents.

2. What does the passage say about comparing yourself to others?

- a) It helps you grow stronger.
- b) It can prevent you from seeing your own unique qualities.
- c) It encourages you to improve quickly.

3. Why is it important to embrace your individuality?

- a) It makes you fit in better.
- b) It makes the world more interesting and helps you grow.
- c) It helps you do what others expect of you.

4. How can celebrating your uniqueness help others?

- a) It teaches them to compare themselves to others.
- b) It encourages them to be themselves and embrace their own qualities.
- c) It helps them see their weaknesses.